

An effective and impactful program based on developing employability, social thinking, self-expression, life and interpersonal skills, and self-advocacy.

The Transition

The Transitions program prepares students, aged 18-21, for the real world with real world experiences. Students identify personal goals, and acquire skills to attain those goals. Unique strengths, abilities, and individualized education plans (IEP) drive a program designed to suit personal needs. Staff collaborate with families and school districts to deliver strategies that empower students to achieve their full potential.



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For information on LARC's programs, services, events and advocacy opportunities, please visit:
www.litchfieldarc.org



Prep For The Real World.

Transitions: School to Community

Helping students aged 18-21
continue on their path to
adulthood

A customized program empowering students to achieve their full potential

Areas of focus include:

Employment and Career Planning:

- Exploration of job and career interests
- Resume development
- Vocational experiences
- Real work for real pay
- Post-Secondary education options
- Preparation for Accuplacer College Placement Test

Independent and Daily Living Skills:

- Personal finance and budgeting
- Accessing public transportation
- Personal health and wellness
- Nutrition
- Community fitness program
- Household skills
- Safety awareness

Universal Design for Student Transition:

- Specially-designed instruction
- Integrative technology
- Practical math application
- Current events and community awareness
- Reading and language arts
- Social thinking
- Self Advocacy

Individualized Behavioral Supports:

- Positive classroom environment
- Consequence-based learning
- Self regulation
- Stress and anger management
- Anxiety reduction strategies



Team Approach

The staff of Transitions believes in a team approach which consists of a program coordinator, certified special education teacher, transition/vocational coaches, behavior specialists, clinical counseling and support as well as related services consultants. We consult with CT State agencies including DDS and BRS as needed for planning and provision of adult services upon graduation.

Program Location

Transitions is located in state-of-the-art space at LARC (314 Main Street, Torrington). The classroom includes a fully-equipped kitchen, Smart Board, laundry area, and accessible restrooms. The community of Torrington and surrounding towns serve as "extended classrooms."

For more information, please call:

860-482-9364 x 350