

Connecticut's Division of Autism Spectrum Disorder Services



TRANSITION TIPS

Conservatorship/Guardianship **Apply before age 18****

Regarding Guardianship/Conservatorship, Guardianship is usually conferred when an individual is classified as having an Intellectual Disability (ID-IQ 69 or below), while conservatorship is granted when an individual's IQ is a 70 or above. The probate court in the town where an individual resides handles applications.

Probate Court User Guide for Conservators

<http://www.ctprobate.gov/Documents/User%20Guide%20-%20Conservators.pdf>

Connecticut Probate Courts: website offers Conservatorship information with links to forms, fees and Probate court locations.

<http://www.ctprobate.gov/Pages/Conservatorships.aspx>

State of CT ID/Voting Information

State of Connecticut: Non Driver Photo ID

<https://portal.ct.gov/SOTS/Election-Services/Voter-Information/Voter-Registration-Information>

Voter Registration Information

<https://portal.ct.gov/SOTS/Election-Services/Voter-Information/Voter-Registration-Information>

Financial Resources **** at age 18, an individual is considered to be an adult, only their assets and not the family's will be considered for eligibility purposes) ****

Supplemental Security Income (SSI) through Social Security

Social Security determines the disability at the Federal level. ***Please note: Most are denied the first time an application is submitted. If denied, be sure to request a hearing. <https://www.ssa.gov/ssi/>

Social Security Field Offices: (available to assist with the application process, check with your local office for Covid-19 protocols)

<https://www.ssa.gov/boston/CT.htm>

Supplemental Nutrition Assistance Program (SNAP)

Eligibility: <https://portal.ct.gov/DSS/SNAP/Supplemental-Nutrition-Assistance-Program---SNAP/Eligibility>

How to Apply: <https://portal.ct.gov/DSS/SNAP/Supplemental-Nutrition-Assistance-Program---SNAP/Apply>

State Supplement Cash Assistance

<https://portal.ct.gov/DSS/Economic-Security/Economic-Security---Financial-Assistance>

***Scroll down to the middle of the page for overview and eligibility information.

Connecticut ABLE Account Program (ABLE CT) A tax-advantaged savings account that allows individuals to save for qualified disability expenses without losing eligibility for certain assistance programs, like SSI and Medicaid

<https://www.ablenrc.org/state-review/connecticut/>

Insurance

Medicaid (Husky C) *** (at age 18, an individual is considered to be an adult, only their assets and not the family's will be considered for eligibility

purposes) **** If an individual is on a family's private insurance, they should remain on it for as long as possible. Medicaid will then become a secondary insurance stream. Medicaid coverage is needed to access the services offered under the DSS Autism Waiver or additional services through DSS. (Community First Choice Program (CFC), or if under the age of 21, Autism State Plan Services offered through Beacon Health Options)

How to Apply For Services <https://portal.ct.gov/DSS/Common-Elements/How-to-Apply-for-Services/How-to-Apply-for-Services>

******The Community Health Center Association of Connecticut (CHCACT)** offers a Medicaid Outreach Program and has one-on-one Certified Application Counselors to assist individuals with completing the application for Medicaid/Husky. Access information regarding the program and Community Health Center locations at the following links:

<https://www.chcact.org/about/huskyinsurance/>

<https://www.chcact.org/find-health-center/>

Programs for Medicaid (Husky A, C or D) members:

State Plan Autism Services:

Individuals with a primary diagnosis of ASD who have Medicaid (Husky A, C or D) insurance, are eligible to access Autism supports and services under the State Plan administered through Beacon Health Options, up to the age of 21. Services include: Diagnostic evaluation, Behavioral assessment, Treatment Plan Development, Direct intervention, Group Treatment Services, and access to Care Coordinators and ASD Peer Specialists. Contact Beacon Health Options at 1-877-552-8247 or the link below to access a Care Coordinator and begin the enrollment process.

<http://www.ctbhp.com/asd/ASD-Member-Information-English.pdf>

<https://www.ctbhp.com/asd/ASD-Member-Information-Spanish.pdf>

The Community First Choice (CFC) Program: The Community First Choice Program is available to Medicaid members (Husky A, C or D) who meet institutionalized level of care (meaning that without supports, an individual would be unable to reside within their community independently). This is a

self-directed program, and if eligible, individuals are assigned a Personal Care Attendant (PCA) and given a budget to procure the services they need. Scroll down the right hand side of the webpage under CFC for additional information and a link to the application which can be completed and submitted online.

<https://ctmfp.com/>

Additional Supports Option:

Autism Approved Providers (self-pay option) The DSS Division of Autism maintains a list of providers who have been reviewed and approved to provide services under the Autism Waiver. Many individuals on the Autism Waiver waitlist have opted to secure supports from this list of providers utilizing a self-pay option, while they wait for a slot to open. Individuals often use SSI funding or other financial streams to secure services under this option.

<https://portal.ct.gov/-/media/Departments-and-Agencies/DSS/Health-and-Home-Care/Autism-Spectrum-Disorder/Autism-Providers-for-Webpage.pdf>

Social/Recreational Opportunities: *****most programming is conducted virtually due to the Covid-19 crisis*****

Community Autism Socials at Yale (CASY)-Dr. Roger Jou (Offers monthly social groups matched by age and interest. (This free program is currently accessed via MEETUP and provides social opportunities for those with Autism across the State)

<https://medicine.yale.edu/childstudy/communitypartnerships/autismsupport/casy>

Autism Services and Resources Connecticut (ASRC) Offers free virtual Social Group opportunities for children/teens/adults. Groups are open to any individual statewide. <https://ct-asrc.org/social-and-recreational-programs/>

To learn more contact Sara at (203) 265-7717 ext 13 or via email at sara@ct-asrc.org

Autism Families Connecticut (AFC) Offers free virtual social group opportunities via Zoom, for children, teens and young adults.

<http://www.autismfamiliesct.org/programs/>