



Family News

The Arc of Litchfield County, Inc.

May 2015

LARC's New Caregiver Support Group

Please join us for **LARC's Annual Meeting on Wednesday, May 27th** to hear more information about our new Caregiver Support Group. Nicole Cornell, LCSW will discuss issues faced by caregivers on a daily basis, tips for self-care, where support can be found, and what resources are available.

Nicole is a license clinical social work and a family member of an individual with a developmental disability. Nicole obtained her bachelors of social work from Southern CT State University and her masters of social work from UConn. She is a certified dementia care specialist, as well as a certified chronic disease case manager. Nicole is passionate about the mental health needs of individuals with developmental disabilities, as well as the self-care of their caregivers. She has a special interest in working with individuals with developmental disabilities and dementia, and their families.

The meeting will take place at 6:30 PM at LARC (314 Main Street) on Wednesday, May 27th. For more information, or to RSVP, please call 860-482-9364 or email cemery@litchfieldarc.org.

Will People with I/DD receive the funding they need to achieve a brighter future for tomorrow?

Final Push Lobby Day! Wednesday, May 27, 11 AM - 1 PM
North Lawn of the CT State Capitol Building
(At the back of the Capitol Building on 210 Capitol Ave, Hartford)

Our message on Wednesday will be:

1. Fully fund DDS Services.
2. Fund the DDS Waiting List.
3. Pass Senate Bill 1088 which will require the Commissioner to create plans to close Southbury Training School *and* to meet the needs of ALL people receiving DDS Services.

Families have made tremendous progress in gaining the support of legislators who are pushing for

restoration of most of the devastating cuts to DDS in the Governor's proposed budget . We need to give one final push and ask them to do a bit more for people with I/DD.

Families will be on hand to help those who have never lobbied before. For more information, or to register, email Shannon Jacovino at The Arc CT: sjacovino@thearcct.org.



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