



# RECREATION

## Winter 2018

The Arc of Litchfield County  
314 Main Street  
Torrington, CT 06790  
[www.litchfieldarc.org](http://www.litchfieldarc.org)  
[www.facebook.com/LARC.CT](https://www.facebook.com/LARC.CT)

LARC Recreation Coordinator  
Robin Pedone  
860-489-2140 x202  
[rpedone@litchfieldarc.org](mailto:rpedone@litchfieldarc.org)

### In This Issue: January – March 2018

#### Special Activities

Coe Park – Country Music  
Globetrotters – XL Center  
Basketball Museum  
Railroad Show  
New England Air Museum  
Movie Theatre Trips

#### Restaurants

Texas Roadhouse Lunch / Shopping

#### Overnight

March – 4 day / 3 night  
to Lancaster and Hershey, PA

#### Parties

Tues, Feb. 13<sup>th</sup> – Mardi Gras  
Sat, Mar. 17<sup>th</sup> – Sat Patrick's Day

#### Monthly Activities

Wednesday Evening Bingo  
Friday Night Games  
Saturday Afternoon Movie  
Bowling & Lunch

#### Weekly Activities

Thomaston Lanes Winter Bowling League  
Winter Blues Exercising  
Craft Social Group

#### Special Olympics

Bowling & Power Lifting  
Upcoming – Alpine & Cross Country  
Skiing

#### Theatre

Palace Theatre – "Rain" – Tribute to the  
Beatles



**LARC Recreation**

**Winter 2018**

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**REGISTRATION DEADLINE: Tuesday January, 16 2018**

**To Register:**

**Call:** Robin Pedone, Recreation Coordinator at 860-489-2140 x202 – leave a message with your name, phone number and activities that you are interested in

**Mail:** LARC, 314 Main Street, Torrington CT 06790 Attn: Robin Pedone

**Email:** rpedone@litchfieldarc.org

**Send in your choices early! Do not send in money before receiving your confirmation, it will be returned.**  
All confirmations will be mailed by January 17<sup>th</sup>.

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone number and email address will be used only for weather issues or specific trip information

Phone Number: \_\_\_\_\_ Alternate phone: \_\_\_\_\_

Email address: \_\_\_\_\_

**Trips:** Please indicate your first and alternate choice (in case first choice is not available). Please wait for confirmation before paying for trips.

1st Choice: \_\_\_\_\_ 2nd Choice: \_\_\_\_\_

**The following activities are separate from the trips. Please mark that dates you would like to participate.**

**Twice a Month Activities:**

**"Winter Blues" - Tuesdays**

\_\_\_\_\_ Jan 30    \_\_\_\_\_ Feb 6    \_\_\_\_\_ Feb 20    \_\_\_\_\_ Mar 6

**Monthly Activities:**

**BINGO – Wednesday, once a month**

\_\_\_\_\_ Jan 17    \_\_\_\_\_ Feb 14    \_\_\_\_\_ Mar 14

**Games - Friday, once a month**

\_\_\_\_\_ Jan 19    \_\_\_\_\_ Feb 9    \_\_\_\_\_ Mar 9

**Crafts - No crafts scheduled for Jan. or Feb.**

\_\_\_\_\_ Mar 10

**Lunch - No lunch scheduled for Jan. or Feb.**

\_\_\_\_\_ Mar 10

**Movie - Saturday, once a month**

\_\_\_\_\_ Jan 27    \_\_\_\_\_ Feb 10    \_\_\_\_\_ Mar 10



## BOWLING LEAGUE

Bowling league starts on Monday January 8, 2018  
See flyer with information concerning bowling at Thomaston Lanes  
All paperwork is due on December 28, 2018

## SPECIAL OLYMPIC CROSS COUNTRY SKIING / SNOWSHOEING

Snowshoeing and Cross Country Skiing will be starting on Saturday January 6, 2018  
Please contact Robin by December 30, 2017 at 860-489-2140 ext. 202,  
if you are interested in either of these two winter sports.

## PARTIES

Mardi Gras Party - Tuesday February 13, 2018  
St. Patrick's Day Party - Saturday March 17, 2018  
More information will be available in early February.

## MONTHLY ACTIVITIES

Monthly activities are held at 923 Migeon Avenue and are accessible.

**CRAFT / SOCIAL GROUP:** Monthly on the first Thursday evening in January, February, and March

- Time: 6:15 – 7:45 Cost: Free
- Dates: Jan 4, Feb 1, and Mar 1
- Bring a craft project to work on. Some individuals bring the adult coloring books to work on
- Bring a refreshment if you would like to.
- I will be able to bring home anyone that lives in the Torrington area and does not have transportation home.

**WINTER BLUES:** twice a month on Tuesday evenings in January, February and March Cost: Free

- Time: 4:15pm to 5:15pm
- Dates: January 30 – February 6 – February 20 – March 6
- Chair exercises – you will get your heart beating faster. We will follow along with Paul Eugene and HasFit videos.

**BINGO:** Monthly on Wednesday evening in January, February and March Cost: \$ 8.00 each session

- Time: 6:15pm to 7:45pm
- Dates: January 17 – February 14 and March 14
- Enjoy multiple games of bingo with friends! Everyone wins.
- Refreshments are served at 7:30pm.

**GAMES:** Monthly on Friday evening in January, February and March Cost: \$ 6.00 each session

- Time: 6:15pm to 7:45pm
- Dates: January 19 – February 9 and March 9
- Many table games are available to play along with wii.
- Refreshments are served at 7:15pm.
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**CRAFT: *only scheduled for March*** Cost: \$8.00 each session

- Time: 10:00am – 11:30am
- Date: March 10
- Complete three seasonal crafts to take home.
- Please bring a bag to carry your crafts home in.



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## MONTHLY ACTIVITIES (CONTINUED)

All monthly activities are at 923 Migeon Avenue in Torrington and are accessible

### **LUNCH: *only scheduled for March***

Cost: \$5.00 each session

- Time: 11:30am – 1:00pm
- Date: March 10
- Bring your own lunch and mingle with others before the movie begins

### **MOVIE: Monthly on Saturday in January, February and March**

Cost: \$ 8.00 each session

- Time: 1:00pm to 3:00pm
- Date: January 27: **“Shrek 2”**  
February 10: **“Shrek Forever After – Final Chapter”**  
March 10: **“Alvin and the Chipmunks”**
- Refreshments will be served: popcorn and soda are the favorite along with a non-carbonated drink and applesauce.

## ACTIVITIES BY DATE

### ALL TRIPS MEET AT LARC 923 MIGEON AVENUE

**Costs include: transportation / admission / meal when applicable.**

#### TRIPS SCHEDULED FOR JANUARY

**Friday January 26, 2018**

**Coe Park Concert**

**Cost: \$41.00, accessible**

**Time: 4:45pm – 9:00pm**

An evening out for dinner at **99 Restaurant**, then to Coe Park (inside) to listen to country music by Americana. No extra money is needed.

**Sunday January 28, 2018**

**Railroad Show**

**Cost: \$45.00, not accessible**

**Time: 9:30am to 3:00pm**

A day to see many railroad layouts and displays. Buy a railroad souvenir. Lunch at McDonalds on the way home.

#### TRIPS SCHEDULED FOR FEBRUARY

**Sunday February 11, 2018**

**Texas Roadhouse**

**Cost: \$40.00, not accessible**

**Time: 11:00am to 3:00pm**

Listen to country music while having a hearty lunch – after we will travel to Dollar Tree in Waterbury for a purchase or two.

**Friday February 16, 2018**

**Tribute to Beatles**

**Cost: \$88.00, not accessible**

**Time: 7:00pm to 11:30pm**

Travel to the Palace Theatre in Waterbury to listen to “Rain” A Tribute to Beatles. I will drive everyone home after the concert.



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**Saturday February 17, 2018      Globetrotters      Cost: \$60.00, not accessible**

**Time: 12:30pm – 5:30pm**

At the XL Center in Hartford, CT to watch the Harlem Globetrotters play against the New Jersey Generals. Who will win???

**Tuesday February 27, 2018      Dinner and Movie      Cost: \$37.00, accessible**

**Time: 5:30pm to 9:30pm**

Go out to a fast food restaurant and watch a movie at either the Barkhamsted or Torrington theatre. I will drive everyone home after the movie.

#### **TRIPS SCHEDULED FOR MARCH**

**Saturday March 4, 2018      Pancake Breakfast      Cost: \$36.00, not accessible**

**Time: 10:00am to 2:30pm**

A drive to Maple Corner Farm in Granville, MA for a pancake breakfast using their own Maple Syrup. We will walk to the sap house to watch them create syrup. We will drive to Otis Ridge to watch the skiers. Bring money to purchase maple syrup, jam or butter.

**Thursday March 8, 2018      Basketball Hall of Fame      Cost: \$58.00, accessible**

**Time: 9:00am to 3:00pm**

A drive to Springfield, MA to the Naismith Basketball Hall of Fame. Walk through the museum to see the history of basketball. See what the players have in their lockers. See the shoe flag. Bring money for a souvenir. We will have lunch at Subway.

**Thursday March 15, 2018      New England Airplane Museum      Cost: \$48.00, accessible**

**Time: 9:30am to 3:00pm**

A day to check out all of the airplanes from bi- planes to tri-planes, helicopters, planes with paintings, and planes that have wings that fold. Bring money for a souvenir and lunch will be at McDonald's in Windsor Locks.

**Tuesday March 27, 2018      Dinner and Movie      Cost: \$38.00, accessible**

**Time: 5:30pm to 9:30pm**

Go out to a fast food restaurant and watch a movie at either the Barkhamsted theatre or Torrington theatre. I will drive everyone home after the movie.



**WINTER BOWLING LEAGUE**

Start date: Monday January 8, 2018 to March 19, 2018

At: Thomaston Lanes in Thomaston, CT

- Weekly: for 10 weeks - no bowling on Monday February 19, 2018 – President’s Day
- Time: 5:00 – 6:15
- Cost: \$60.00 make check payable to: Thomaston Lanes or cash (receipts will be given)

Spring bowling will start at the end of March through the beginning of June  
More information will be sent at the beginning of March regarding the spring league.

**Any questions, please contact Robin at 860-489-2140 ext 202**

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**Cut off the bottom portion and send in by December 28, 2017 along with full payment of \$60.00 either check or cash: check payable to: Thomaston Bowling. This paper needs to be sent with the payment – otherwise it will be returned.**

**LARC – 314 Main St, Torrington, CT 06790**

**Attention: Robin Pedone**

**Name(s): \_\_\_\_\_**

**Phone or email to use if the bowling is cancelled due to weather:**

\_\_\_\_\_



**OVERNIGHT: PENNSYLVANIA 2018**

**DATE: Tuesday March 20, 2018 to Friday March 23, 2018**

**Cost: \$600.00 To reserve a space: \$100.00 payable by January 12, 2018**

**Send in the deposit with bottom portion asap – to reserve a space.**

**Travel to Lancaster Pennsylvania: sorry, not accessible – and a lot of walking**

**To visit: Hershey Chocolate World / Hershey Trolley**

**Amish Village**

**Turkey Hill factory (ice cream / iced tea tasting)**

**Shopping at: Dutch Haven and Kitchen Kettle Village**

**Unique sights: Fulton Steamship Inn and Red Caboose Inn**

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**Please send in the bottom portion with a check or cash.**

**Payment needs to be with the bottom portion to be accepted.**

**Deadline date: January 12, 2018**

**Pennsylvania 2018 – overnight**

**Name: \_\_\_\_\_**

**Phone Number: \_\_\_\_\_ cell phone: \_\_\_\_\_**

**Email address: \_\_\_\_\_**

**Amount: \_\_\_\_\_**

**Send or bring to 314 Main ST. (main office - receptionist)**

**LARC – Robin Pedone**

**314 Main ST**

**Torrington, CT 06790**

