

Community for All



We believe in every person's right to a full, rich and rewarding life. We believe that people with good information and good support are empowered to make good choices in determining their lives and allocating their resources.

We celebrate diversity by promoting the concept of "Community for All". We encourage and support those we serve to participate fully in the mainstream of society. We support and encourage our community to recognize and value the contributions of all its citizens.

We listen. And then we do. We look to understand the individual's needs and desires; then we custom-tailor our programs to fit. And, when needs and situations change, so do we.



www.litchfieldarc.org

LARC
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Day Service Options



www.litchfieldarc.org

Recreational needs can vary greatly, depending upon a person's age, abilities and interests. LARC offers a range of options designed to meet a wide variety of needs

Our staff are skilled in creating fun and enabling learning while maintaining a warm, safe environment. Staff are med certified and trained to Connecticut Department of Developmental Services standards.

Day Service Option I (DSO I)

Monday-Friday, 8:00 AM—3:00 PM
923 Migeon Avenue, Torrington

Activities include:

- Arts and crafts
- Community experiences
- Games and puzzles
- Gardening
- Sing Along, Jam Band, and Dancing
- Volunteering
- Book club
- Baking
- Ring toss, parachute and ball games
- Computers
- Pet therapy
- Meditation
- Grooming and social skills
- Weekly bingo
- Wheelchair races

Day Service Option II (DSO II)

Sharing space with DSO I, DSO II offers a more cognitively focused day, while maintaining the option of participation in DSO I activities. For example, a DSO II participant may choose to work on the newsletter but opt out of acting in order to play a game or work on a craft.

DSO II Activities include:

- Newsletter planning and production including community interviewing, writing, and computer use
- Spanish class
- Literacy skills
- Acting/theatrical production
- Nutrition class
- Book club



Day Service Option III (DSO III)

Monday-Friday, 8:00 AM—3:00 PM
314 Main Street, Torrington

DSO III offers the same great range of activities and choice available at DSO I, but in a smaller setting. It is designed to appeal to those seeking a slower pace and is able to support those with greater medical needs.

Housed in our headquarters facility, DSO III offers barrier-free lift systems, roll-in showers, and greater privacy for personal care and positioning.



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