



# Strength Through Innovation

Annual Report 2022-2023



Dear Friend

What a great year this was for The Arc of Litchfield County. Our community of employees, supported individuals, their families and guardians, and our partners worked hard to make a positive difference.

Thanks to the efforts of our dedicated and compassionate staff, twelve individuals supported by the agency now reside at the state-of-the-art Torrington Riverfront apartments. To achieve this extraordinary transition to more independent living, it took long hours of planning, learning, and adapting on the part of the staff and the partners with whom we worked. The individuals who qualified for the new living arrangement had their own challenges throughout the process but are now living with more independence and self-direction. All in all, the outcome was worth the effort and now a path for many more such opportunities has been paved for future initiatives.

As we do every year, we advocated for wage increases for staff and this year there was a significant increase due to increased state funding. We will continue to advocate on behalf of our staff, and seek future funding increases.

A Trauma Informed Care learning collaborative was initiated this past fiscal year and I am so proud to report that great progress has been made with staff completing training, and teaching co-workers about implementing best practices in day-to-day care. The Arc of Litchfield County is one of only three Arc providers in the state adopting this methodology of care for staff and employees and we are eager for the program to evolve.

Our amazing donors have supported several very important programs including Project SEARCH, and the Day Support Option (DSO) Social Enrichment opportunity. We are so grateful for their belief in our mission and their continuing financial support of the agency.

Please take the opportunity to read this annual report and reach out to me with questions.

With gratitude,

Michael Menard, Ph.D.

Executive Director



## OUR MISSION

The mission of LARC is to work cooperatively with others in developing opportunities for individuals with Intellectual/Developmental disabilities, including Autism, to reach their maximum level of independence; experience presence and participation; make decisions about their lives and their futures; and live with respect and dignity.

## OUR GUIDING PRINCIPLES

- We assist people with disabilities to live their own lives.
- We assist people to be competent decision-makers.
- We connect people's lives to the community in which they live.
- We support the right of voluntary association.
- We provide unique and individual services.
- We teach people how to have control over their own personal resources.
- We provide only services that will benefit people's physical, emotional, spiritual, and reputational well-being.
- We work hard to help people reach their goals.

## VISION

"Community for All"





# OUR PROGRAMS & SERVICES

## • Day Support Option

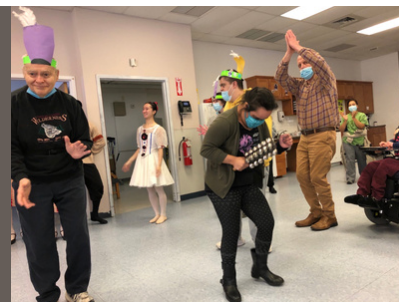
The Day Support Option (DSO) provides stimulating activities for 40 individuals. Some of the opportunities provided are morning and afternoon social coffee hours, gentle stretching and chair yoga, music and art therapy, current event discussions, bingo, weekly sing along with a professional musician, and a variety of educational and arts & crafts activities. Walks at the Torrington Armory or on nature trails, visits to local parks, and other excursions provide socialization and exercise. Individuals also perform in concerts throughout the year in celebration of a variety of holidays.



*Movement workshop at the Warner Theatre*



*Music Therapy with Meg Capen*



*Visit from the Nutcracker Ballet*



*Art Workshop with Five Points Center for the Visual Arts*

## • Residential Program

The Residential program offers several options, all of which strive to provide supports and services that provide opportunities to live as independently as possible. LARC supports individuals by offering a variety of living arrangements:

- Community Living Arrangements (CLAs) - LARC owns and manages 5 CLAs where a total of 25 individuals reside.
- Individualized Home Supports (IHS) - LARC offers In-Family Home Support and In-Own Home Support.
- Continuous Residential Supports (CRS)- CRS provide 24-hour support in 3-person homes.



*Theater tickets generously donated to a group of our residents.*



- **Vocational**

LARC's vocational program provides opportunities for people interested in working.

### **Individual Supported Employment**

With the support of skills trainer, job coach and job developer, LARC works with people to find independent jobs that match their skills and abilities. Once placed, LARC provides ongoing support in the workplace to 21 people who are working 15 – 40 hours per week. Six of these successful people are graduates of LARC's Project SEARCH program. In this digital age, supporting people at work includes helping people to learn to access computers in the workplace, and to acquire online training and payroll information as required by each employer. Three people are currently using public transportation to get to and from their jobs. A few people are celebrating 20 years at their jobs!!

### **Group Supported Employment**

LARC job coaches provide support to 48 people to work in groups in community settings. The sub-contracted work includes maintenance as well as light assembly, mailings, inspection, and packaging at two factory sites. People enjoy friendly relationships with employees and being included in company functions such as holiday luncheons. We look forward to increasing community opportunities now that the world has opened up after the pandemic.

*In Home  
Support*



*At the gym*



*Shopping*



*Local events*

- **Autism Resource Center**

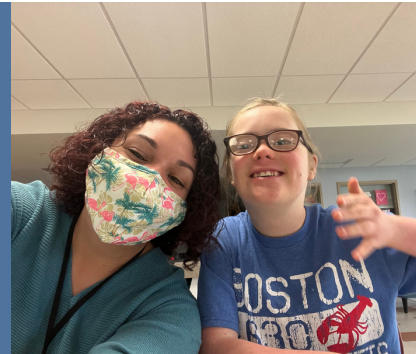
LARC's Autism Resource Center served children and teens with Autism Spectrum Disorder (ASD) and their families. The center provided free monthly webinars covering topics important to parents, educators, providers, and guardians. Two weekly playgroups for children aged 2-5 provided socialization and activities. Twelve families attended one or both playgroups each week.



*Building Gingerbread Houses*



*Pre-School Playgroup*



*After-School Program*



*Birdhouse building  
with Flanders Nature Center*

## **Project SEARCH**

The Project SEARCH teacher and skills trainer supported three people to intern at Charlotte Hungerford Hospital Hartford Healthcare in Torrington. Interns grew in employability skills in departments such as Human Resources, Environmental Services, Cardiac Rehabilitation, Cafeteria, Endocrinology, Cardiovascular Medicine, Urology, Storeroom and ENT. They learned skills such as office work including filing, alphabetizing and patient reminder phone calls, sanitizing and cleaning, picking supplies, re-stocking and transporting medical supplies. In the classroom they covered basic computer skills, internet safety, money handling and budgeting, updated resumes, learned interviewing skills, workplace safety, conflict resolution and self-advocacy. CHH provided guest speakers to cover skills such as CPR Basics, Fire Safety, CHH Security and Interviewing, and Employability Tips from HR. All three interns have either secured jobs or are in the process of finalizing their interview process for jobs they enjoy in community settings. We can't wait to see all that these interns will accomplish as they move on to living their best life!!





## Project SEARCH continued



*New Job!*



*Visit to The Americal Mural Project*



*Interns at work*



*Graduation - June 2023*

Thomaston Savings Bank has donated a 2019 Chrysler Pacific Touring L minivan to the agency's Project SEARCH program. As one of LARC's most generous supporters, Thomaston Savings Bank & Foundation continues to demonstrate their belief in the agency's mission and our vision for improving the lives of hundreds of individuals with intellectual and developmental disabilities. The minivan will have a profound impact as it will expand the reach of the program and add efficiency to the day-to-day activities of the Project SEARCH program.



*Mary Ellen Kunz, Cheryl Lindstrom,  
Michael Menard, Stephen Lewis*

### • Recreation & Social Enrichment

Recreational opportunities, including Bingo, crafts, indoor Corn Hole, and Bocce in the summer, provide social enrichment and are important for all individuals. LARC bowling, at Thomaston Lanes, runs from September through mid-June.

LARC's Special Olympics team consists of 64 athletes that compete in Bocce, Bowling, Alpine skiing, Cross Country skiing, Snowshoeing, Power Lifting and Track & Field.



*Summer Games  
Shotput Event*



- **Advocacy**

LARC is committed to protecting the rights of individuals with Intellectual and Developmental disabilities (I/DD) within our community. Along with our partners National Arc and Arc Connecticut, LARC provides opportunities throughout the year to participate in advocacy initiatives and a variety of workshops to educate families and the community about the rights of individuals with I/DD.

## UPDATES & NEW INITIATIVES

- **LARC on the Road**

LARC on the Road events provide opportunities for LARC to share information on new initiatives and program updates as well as plans for the future. The most recent event was hosted by the Orr family -- Kate (LARC board member), Melissa, and Doug -- at the new Torrington Riverfront apartments in May, where Melissa Orr now resides. Michael Menard, executive director at LARC, shared updates on the agency's work to make this state-of-the-art facility available to people who want to live more independently. Many guests, including elected officials, attended this important outreach and information event.



- **Trauma Informed Care**

Early this year, LARC embarked on an ambitious project to bring Trauma Informed Care into our culture. Trauma Informed Care (TIC) has been a healthcare approach for many years in other sectors of human services, but only recently came to the attention of providers who work with people who have intellectual and developmental disabilities.

The development of the Whole-System Change Model is the result of the Traumatic Stress Institute's (TSI) years of experience working with clients to create lasting change. TSI serves as a steady, long-term partner supporting systems as they prepare to launch, implement, and sustain TIC culture and practices. To this end, LARC has partnered with CCARC, Midstate ARC, and the Traumatic Stress Institute (a program of Klingberg Family Centers) to implement TIC through the "Risking Connections" training model. Our three agencies will be among the first I/DD providers in the country to embrace TIC. DDS is interested and is participating as passive observers.

The Trauma Informed Care Resource Center describes TIC as shifting the focus from "What's wrong with you?" to "What happened to you?" According to TSI, TIC is widely viewed as a best practice in the human services, refers to a whole-system approach to addressing the reality of trauma in the people being supported through staff training, trauma-specific treatments, trauma-informed behavior support, and policy changes. Implementation of TIC has been shown to increase staff retention, decrease restraints, and decrease abuse allegations.

LARC staff were trained to be TIC trainers. After that, training of all staff will continue. Two homes have been identified for piloting the training, and it will become a part of our culture. There are still many months to go for this process to be complete and while this may be a challenge, we believe that in the end, it will significantly impact the people we support and our staff in a positive way.

- **New Owners of Camp**

The Camp MOE property was officially sold by the Arc of Litchfield County (LARC) to Northwest Connecticut YMCA in late May, 2023. The two organizations worked closely to make the transaction mutually-beneficial, and to help ensure that the Camp continues to serve families from northwestern Connecticut.

- **New Owners of Camp** Continued

“The Camp MOE property is a fantastic piece of land with so much potential. We are very gratified that LARC and the YMCA were able to make this happen,” said LARC Board president, Dorothy Beckley.

Over the past year, the LARC Board worked with the YMCA to put together a deal that benefitted both agencies. “This is the result we hoped for,” explained Michael Menard, executive director at LARC. “The YMCA now owns 165 acres of beautiful outdoor space and newly-renovated buildings that can accommodate all kinds of programs and activities. This is an ideal outcome and we wish them great success.”

- **Torrington Riverfront**

The Supportive Housing initiative at newly-constructed Torrington Riverfront is now home to 12 individuals. Over nearly a two-year period, the LARC team has worked diligently to make this new, state-of-the-art facility home for 12 LARC-supported individuals. This entailed regular weekly (more often daily) meetings with co-workers, staff from the Connecticut Department of Developmental Services, representatives from the project developer, property management staff, city officials, and families. Every effort has been made to make sure the individuals feel comfortable in their new homes. This is truly an example of LARC’s vision of “Community for All.”

It’s been a massive amount of work, and thanks to the team members involved, 12 really excited people are embarking on a huge but very rewarding challenge. In addition to the staff efforts, the community has helped make this a reality as well. The crowd-funding campaign through Northwest Connecticut Community Foundation’s “Northwest Gives” helped raise money to fund the purchase of furniture, and friends of LARC donated loveseats, headboards, dining chairs, lamps and many other suitable furnishings. We are so very grateful.





# OUR GENEROUS COMMUNITY

## UNRESTRICTED GIFTS

### **\$4,000 and above**

Benevity Community Impact Fund  
Mr. & Mrs. Allan Borghesi  
Heather & Moose Dzielak

### **\$1,000 - \$3999**

Altrusa International of  
Litchfield County, Inc.  
Ms. Barbara Canary  
Janet Castano  
Crosswicks Foundation  
Renaissance Administration, LLC.  
Mr. Wellesley J. Smith  
Mr. & Mrs. Carl Ullman  
United Way of Northwest  
Connecticut

### **\$500 - \$999**

Mr. & Mrs. Andrew Brady  
Mr. & Mrs. Stacey Castonguay  
Ms. Karen Latina  
Town of Litchfield  
Mr. & Mrs. John Ursone

### **\$250 - \$499**

Meghan Dzielak  
Employees of Northwest  
Community Bank  
HTH Automatic Sprinklers, Inc.  
Mr. Robert Kelly  
Mr. Stephen Serota  
Southridge Technology

### **\$100 - \$249**

Mr. David Allen  
Amazon Smile  
Big Y Community Bag Program  
Mr. Peter Black  
Mr. & Mrs. Tom Boutin  
Mr. Matthew Carbone  
Atty. Michael J. Considine  
Dr. Roger Coutant  
Fidelity Charitable  
Dr. & Mrs. John Gargiulo  
Innovative Medical Products, Inc.  
Mr. & Mrs. Mark Lambert  
Mr. & Mrs. James Lamoin  
Ms. Paula Lamoin  
Mr. Richard Larkin  
Mr. & Mrs. John Lavieri  
The Lions Club of Harwinton  
Mr. & Mrs. Kenneth Merz  
PMC Industries, Inc.  
Mr. Thomas Smith  
Mr. & Mrs. Thomas Smith  
Ms. Kathryn Willard  
Mr. & Mrs. Lowell Wortman

### **Up to \$99**

Mr. David Benson  
Mr. & Mrs. Edwin Blanchette  
Ms. Nancy Boland  
Mr. & Mrs. James Boutin  
Mr. & Mrs. John Boutin  
Ms. Barbara Bowler  
Ms. Patricia Cardwell  
Mr. & Mrs. Paul Castain  
Ms. Patricia Cheever

Mr. & Mrs. Toby Cole  
Mr. & Mrs. Steven Derosier  
Mr. & Mrs. Bill Dudley  
Mr. & Mrs. Donald Fleming  
Mr. Joseph Gentile  
Mr. John Hesterberg  
Ms. Margaret Johnson  
Mrs. & Mrs. Harold Lamb  
Ms. Sarah Langlois (via United  
Way of Central & NE CT)  
Mr. & Mrs. Arthur Lavoie  
Mr. Eric Lefebvre  
Ms. Kimberly LoPresti  
Ms. Annie Lord  
Mr. & Mrs. Joseph Mangione  
Ms. Joy Mojon  
Mr. Robert Mosey  
P.E.O. - Chapter K-M/CT  
Ms. Joyce Peck  
Mr. & Mrs. David Perlotto  
Mr. James Post  
Mr. Jordan Richards  
Mr. & Mrs. Randall Smith  
Ms. Alice Staszowski  
Ms. Maryann Stufano  
Union Savings Bank Foundation  
United Way of Greater  
Waterbury  
Mr. & Mrs. Roy VanAlstyne  
Ms. Jo-Ann Walker  
Mr. Chad Widing  
Ms. Veronica Zecchin  
Mr. Michael Zychek

## RESTRICTED GIFTS

### **Autism Resource Center**

Ms. Luann Poe

### **Day Support Option Program - In Memory of Alexandrea Jeans**

Ms. Margaret Bisciotti  
Mr. Kevin Braddock  
Bronc Callahan Community  
Fund, Inc.  
Ms. Carole Charette  
Mr. & Mrs. Gregory Eldridge  
Ms. Christina Emery  
Ms. Suzanne Flores  
Ms. Helena Guba  
Ms. Kathryn Higgins  
Ms. Andrea Jeans  
Ms. Candace Majewski  
Mr. Mark Majewski  
Mr. & Mrs. Armand Marchand  
The Meto Family  
Mr. & Mrs. Francis Motuzick  
Mr. & Mrs. Edmund Nicholson  
Mr. & Mrs. George Pohorilak  
Mr. & Mrs. Paul Roberts  
Ms. Pamela Root  
Dr. Terrence Ryan  
Ms. Kim Swain  
Mr. Miles Van Noordennen  
Mr. & Mrs. Lowell Wortman  
**Residential**  
Ms. Katherine Woodward-Thomas

# OUR GENEROUS COMMUNITY

## MEMBERSHIP

Mr. David Allen  
Ms. Dorothy Beckley  
Mr. & Mrs. Edwin Blanchette  
Ms. Barbara Canary  
Ms. Mary Fischer  
Ms. Martha Gallagher  
Ms. Andrea Jeans  
Mr. & Mrs. Mark Lambert  
Ms. Annie Lord  
Mr. & Mrs. Joseph Mangione

Ms. Joyce Peck  
Mr. Mike Pinette  
Mr. Jordan Richards  
Ms. Patricia Rondano  
Mr. & Mrs. Randall Smith  
Mr. & Mrs. James Steck  
Mr. Chad Widing  
Mr. & Mrs. James Wolfinger  
Ms. Lauren Zordan

## MATCHING GIFTS

Benevity Community Impact Fund  
on behalf of:  
Barbara Canary  
Janet Castano  
Heather Dzielak

Fidelity Charitable  
on behalf of:  
Uma Gnanaguru

## GIVE LOCAL

Ms. Mickie Ann Budny  
Mr. Matt Carbone  
Mr. Steven Caruso  
Mr. & Mrs. Alan Colavecchio

Mr. & Mrs. Martin Connor  
Dr. Roger Coutant  
Mr. & Mrs. George Craig  
Mr. & Mrs. Kenneth Fielder  
Ms. Mary Fischer  
Ms. Sarah Langlois  
Mr. & Mrs. Stephen Lewis  
Mr. Griffin Rapsilber  
Ms. Kathy Riberdy  
Ms. Lynn Richardson  
Ms. Ann Ruwet  
Ms. Susan Smith  
Ms. Elaine Surveski  
Ms. Deborah Ullman



## GRANTS

### ***Funding for Autism Resource Center - Teen Program***

Funded by: *Torrington Savings Bank Foundation*

LARC was awarded \$20,000 from Torrington Savings Bank Foundation to provide programming and activities to high school students who are on the autism spectrum that will help improve socialization skills, build relationships with peers and staff, and increase comfort with technology.

### ***Funding for Autism Resource Center - Pre-K Program***

Funded by: *Union Savings Bank*

LARC has been awarded a grant of \$10,000 from Union Savings Bank Foundation in support of the interactive socialization program for pre-K children with Autism Spectrum Disorder.

### ***Funding for Autism Resource Center - Teen Program***

Funded by: *Autism Speaks*

LARC has been awarded a grant of \$2,229 from Autism Speaks in support of the Teen Social Skills and Homework Club for teens with Autism Spectrum Disorder.

### ***Funding for Autism Resource Center***

Funded by: *Charlotte Hungerford Hospital / Hartford Healthcare*

LARC received a grant in the amount of \$1,110 to fund a 12-week music therapy program for Autism Resource Center.

### ***Funding for Day Support Program***

Funded by: *Fred & Josephine Bruni Fund, a fund of the Northwest Connecticut Community Foundation*

LARC received a grant in the amount of \$1,100 to fund a 12-week music therapy program in the Day Support Option program.

### ***Funding for Day Support Program***

Funded by: *Thomaston Savings Bank Foundation*

## OUR GENEROUS COMMUNITY

### **GRANTS** continued

LARC was awarded a grant in the amount of \$1943 to fund a performance and movement workshop at The Warner Theatre.

#### **Funding for 314 Main Street Office**

Funded by: *American Savings Foundation*

LARC was awarded a capital grant of \$5000 to fund the purchase and installation of an air conditioner unit for the agency's 314 Main Street office and program building.

#### **Funding for Furnishing Torrington Riverfront Apartments**

Funded by: *Northwest Corner Gives, Savings Foundation, a fund of the Northwest Connecticut Community Foundation*

LARC was awarded a grant of \$4950 to fund the purchase of furniture for 6 residents of the Torrington Riverfront Apartments.



*Recreational Bowling*



*National Donut Day*

## SPECIAL EVENTS

### **Sponsors** FY 2022-2023

Becton-Dickinson  
Borghesi Building & Engineering Co.  
Doyle's Medical Supply  
Giordano's Signs & Graphics, LLC  
Gleeson-Ryan Funeral Home  
Lois Grady  
Guilmartin, DiPiro & Sokolowski  
Harwinton Drilling & Engineering  
HTH Automatic Sprinklers  
William Latz  
Law Offices of Ellen Marino  
Northwest Community Bank &  
Its Divisions  
O&G Industries, Inc.  
Petricone's Pharmacy  
Petrovits, Patrick, Smith & Co.  
Risk Strategies Company Inc.  
Southridge Technology  
Sterling Sintered Technologies, Inc.  
Sullivan Automotive  
Union Savings Bank Foundation, Inc.  
United Healthcare Services, Inc.  
West State Mechanical, Inc.  
Workers' Compensation Trust

*LARC's Fall Wine Tasting was held in October 2022. The sponsorships (listed above) were received in FY 2022-2023. Others were listed in the 2021-2022 Annual Report*



### **Donors**

Steve Caruso  
Paul Hamlin  
Liquor World, LLC (DBA  
The Cork, Fine Wine &  
Spirits)



# SPECIAL EVENTS

continued



"It's All Set", our third virtual fundraiser, featured multiple creative and fun themed tablescapes. Participants purchased online raffle tickets. Winners were randomly drawn at the end of the event.

## Sponsors

Advanced Physical Therapy  
Lois Grady  
Harwinton Drilling &  
Engineering  
Kainen, Escalera & McHale  
The Kids of Summer  
Foundation  
Mutual of America Financial  
Group  
Northwest Community Bank  
and Its Divisions  
O&G Industries, Inc.  
Risk Strategies  
Sullivan Automotive  
Thomaston Savings Bank  
Torrington Savings Bank  
Union Savings Bank  
Workers' Compensation Trust

## Donors

Matthew Carbone  
Barry Cone Heating & Air Conditioning  
Mark & Beth Lambert  
William Latz  
Michael Menard  
Tina Milanesi  
Sterling Sintered Technologies, Inc.

*Most Popular!!* *"Tanglewood Date Night"*



## Tablescape Donors

Mary Ellen Kunz  
Dorothy Beckley,  
Barbara Canary, &  
Ruth Dwyer  
Kate Orr & Lauren Zordan  
LARC Leadership Team  
Bill Latz  
Meg McGinn

Northwest Community Bank  
and Its Divisions  
Patricia Rondano  
The Cork, Fine Wine & Spirits  
Thomaston Savings Bank  
Torrington Savings Bank  
Union Savings Bank

## Wreath Sale

Each November, on the Saturday after Thanksgiving, volunteers and staff are in the parking lot of the 314 Main St. office sorting and passing out beautiful, fresh wreaths delivered directly from Moscarillo's Garden Shoppe.



Now in its 21st year, proceeds from the wreath sale provide funds for LARC's Social Enrichment and Recreation Programs, including Special Olympics. Our 2022 sale provided \$1912.00 in support of these programs.

# TRIBUTES



Mat Brady was a bright and amazing soul. He loved to laugh, sing and dance. He was fascinated with rain. He had a special way of drawing in all those around him. He is greatly missed by his housemates and the LARC staff who supported him.

## DONATIONS IN HIS MEMORY WERE MADE BY

Mr. & Mrs. James Boutin	Mr. Joseph Gentile
Mr. & Mrs. John Boutin	Innovative Medical Products, Inc.
Mr. & Mrs. Tom Boutin	Mr. Richard Larkin
Ms. Barbara Bowler	PMC Industries, Inc.
Mr. & Mrs. Andrew Brady	Mr. Thomas Smith
Ms. Patricia Cardwell	Mr. & Mrs. Thomas Smith
Mr. & Mrs. Paul Castain	Ms. Maryann Stufano
Mr. & Mrs. Steven Derosier	Ms. Jo-Ann Walker
Mr. & Mrs. Donald Fleming	Ms. Kathryn Willard

May Louchen, beloved mother of Jamie Louchen, passed away in October 2022. The following gifts were made in her memory.

Mr. & Mrs. Bill Dudley	Ms. Joy Mojon
Ms. Margaret Johnson	Mr. James Post
Ms. Kimberly Lo Presti	

## ADDITIONAL MEMORIAL DONATIONS

*In memory of Andrew G. York*

Atty. Michael J. Considine	Mr. John Hesterberg
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*In memory of Robert Del Vecchio*

Ms. Alice Staszowski
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## HONORARY DONATIONS

<i>In honor of David Allen</i>	Mr. David Allen
<i>In honor of Kevin Braddock</i>	Mrs. & Mrs. Lowell Wortman
<i>In honor of Steven Castonguay</i>	Mr. & Mrs. Stacey Castonguay
<i>In honor of Eric Lambert</i>	Mr. & Mrs. Mark Lambert
<i>In honor of Sarah Langlois</i>	Union Savings Bank Foundation
<i>In honor of Meg McGinn</i>	Ms. Karen Latina P.E.O. Chapter K-M
<i>In honor of Robin Pedone</i>	Mr. & Mrs. Robert Mosey

## VOLUNTEERS

We wish to thank the volunteers who give of their time and talents in support of our Social Enrichment, Recreation and Special Olympics Programs. Their dedication is invaluable.

Heather Blauvelt	Ellen Kirsch
Kim Brandmeyer	Robyn Kirsch
Henry Brandmeyer	Paula Lamoin
Scott Brede	Katherine Marchand-
Rhonda Capitanio	Beyer
Patricia Cheever	Anastasia Marshall
Bart Cole	Xavier Marshall
Betsi Cole	Wes Parker
George Day	Wyn Parker
Kathy Day	Laurie Sablak
Mary Fischer	Katie Stack
Elaine Giarnese	Erin Tierney
Anne Gustafson	Jaclyn Wassik
Jeff Humphrey	



## MEMBERSHIP

If you are not currently a member of LARC, we invite you to join today! Simply go to LARC's website, [www.litchfieldarc.org](http://www.litchfieldarc.org), click on "Ways to Help" and become a member. An individual membership, at just \$25 annually, includes membership in The Arc CT and The Arc of the United States. You'll receive information regarding events, advocacy opportunities and an invitation to the annual meeting.



## OUR TEAM

### LARC LEADERSHIP

Michael Menard, Executive Director  
Mary Ellen Kunz - Director of  
Development & Marketing  
Linda Cull - Director of Finance  
Scott Whittaker - Director of  
Human Resources  
Julie Stachowiak - Director of Clinical  
Support  
Traci Damon - Director of Residential  
Support  
Glenn Lake - Director of Nursing

### LARC BOARD OF DIRECTORS

Officers of the Board:  
President - Dorothy Beckley  
Vice President - Sarah Langlois  
Secretary - Ruth Dwyer  
Treasurer - Mark Lambert  
Past President - Kim Brown

Directors:  
Barbara Canary  
Matt Carbone  
George Craig  
Kathleen Orr  
Jon Sheaffer  
Chad Widing  
Lauren Zordan